

Capital District OA Meeting List

For changes to the meeting list, please reach out to the corresponding secretary at [*correspondence.secretary.oacdig@gmail.com*](mailto:correspondence.secretary.oacdig@gmail.com)

World Service suggests that **Seventh Tradition Contributions** be broken down as follows: **60%** to your Local Intergroup, **30%** to World Service and **10%** to Region 6.

CAPITAL DISTRICT INTERGROUP

Mail To: PO Box 4342, Halfmoon, NY 12065. Include Group Information.

Electronically on PAYPAL.Com

1. Click: Send and Request
2. Enter the recipient's email address **NYSCDIGTreasurer@gmail.com**
3. Click Next
4. Enter the amount, choose USD currency
5. If available, choose your payment type – **Friends and Family**
6. Choose how you want to pay and click Next
7. Review the information and click Send Payment

OAREG6.org

1. Click Contribute
2. Click Online Contributions Page and follow instructions
3. By mail contribution (payable to OA Region 6). OA Region 6 Treasurer, Post Office Box 95, Lynbrook, NY 11563
4. Include: Group Number, Meeting Day, time and Intergroup – NYS Capital District (09079)

WORLD SERVICE **OA.org**

1. Click 7th Tradition Contribution
2. Click Online and follow instructions.
3. By Mail: WSO, PO Box 44727, Rio Rancho NM 87174-4727
4. Include: Region 6, Service Body # 09079, Group Meeting Day and Time. Group Number.

Capital District OA Meeting List

Sunday

Time: 10:00am – 11:00am

In Person Location: Capital District Recovery Center
45 Colvin Avenue
Albany NY 12206

Meeting Contact: Dan S. 518-421-5888

Time: 10:00am

Meeting Name: Albany CDRC

Virtual Structure: Zoom

Weblink:

<https://us02web.zoom.us/j/85318845616?pwd=UHp0NFg1MDdwclVPMnZRaXpHMWtOUT09>

Meeting ID: 853-1884-5616

Password: 030202

Dial In: +19292056099,,85318845616#,,,,*030202# US (New York)

+13017158592,,85318845616#,,,,*030202# US (Washington DC)

Meeting Contact: Mary (518) 466-6603, email: lynne5185@outlook.com

Time: 6:00pm

Meeting Name: Queensbury

Virtual Structure: Hybrid – In Person and by Conference Call

Phone: (267) 807-9605

Access Code: 783777#

In Person location: Queensbury United Methodist Church
460 Aviation Road, Queensbury
Enter from parking lot at rear of church

Meeting Contact: Angela (518) 798-4561

Monday

Time: 6:30pm

Meeting Name: Clifton Park Meeting

Virtual Structure: Zoom only

Weblink: <https://us02web.zoom.us/j/81200383960>

Dial in: (929) 205-6099

Meeting ID: 812 0038 3960, no password

Meeting Contact: Barb K (518) 496-0907

Capital District OA Meeting List

Tuesday

Time: 3:30pm

Meeting Name: Johnstown/Canajoharie

Virtual Structure: Hybrid - In person & Zoom

Zoom Meeting ID: 82378508078

Password: 710990

Dial In: 929-205-6099

In Person Location: Canajoharie Library

2 Erie Boulevard, Lower Level Meeting Room

Canajoharie, 13317

Meeting Contact: Christine 518-705-0638

Wednesday

Time: 6:30pm

Meeting Name: Sunnyview

Virtual Structure: Zoom

Weblink: <https://us02web.zoom.us/j/87988076142>

Meeting ID: 879 8807 6142

Access Code: 164425#

Dial in: +19292056099,87988076142# US (New York)

Meeting Contact: Marie (518)222-7915

Thursday

Time: 7:00pm

Meeting Name: Albany Big Book Study

Virtual Structure effective June 1, 2023: Hybrid - In Person and via Conference Call

In Person Location:

Capital District Recovery Center

45 Colvin Ave, 2nd Floor

Albany, NY 12206

(518-487-4617 is the number to the CDRC)

Conference call dial in option: 757-841-1619, Access Code: 2623407

Meeting Contact: Mary Ann V (518) 366-8420

Capital District OA Meeting List

Friday

Time: 10:00 am

Meeting Name: Schuylerville Meeting

Virtual Structure: Hybrid - In Person or via Conference Call

In Person Location:

United Methodist Church
51 Church St, Community Room
Schuylerville, NY 12871

Conference Call Number: 712-775-7000

Access Code: 164425#

Special Instructions: *6 to mute/unmute

Meeting Contact:

Time: 6:00pm (room opens at 5:30pm)

Meeting Name: Friday Night East Greenbush/Schenectady

Virtual Structure: Zoom (HYBRID – Zoom & also In Person 1st Friday of each month ONLY***)

Weblink:

<https://us02web.zoom.us/j/86191587034?pwd=YW5CRGUycEh2N1YvMzI2RUtJVXBIUT09>

Meeting ID: 861 9158 7034

Password: 444888

Dial in: +1 646 931 3860 US (New York)

In Person Location: Eastern Parkway United Methodist Church

943 Palmer Ave
Schenectady, NY

Meeting Contact: Theresa (518) 374-4739 or Cindy (518) 265-7773

Saturday

Time: 9:00 am

Meeting Name: Delmar Saturday

In Person Location: Delmar Reformed Church

386 Delaware Ave
Delmar, NY

Meeting contact: Barbara C (518) 414-2265

Capital District OA Meeting List

Saturday (Continued)

Time: 9:15-10:30 am

Meeting Name: Saratoga

Virtual Structure: Zoom

Weblink:

<https://us02web.zoom.us/j/82672425438?pwd=c05sSVpuLzhUK0xHcXJlV2MvQnN6Zz09>

Meeting ID: 826 7242 5438

Attendee ID: Hit the # key

Password: 121212

Dial in: +1 929 205 6099 US (New York)

Meeting Contact: Marie (518) 222-7915

Time: 9:30 am

Meeting Name: Arlington, VT

Virtual Structure: Zoom

Weblink:

<https://us02web.zoom.us/j/85136983068?pwd=Rm1zTTlaYlk5cHhuUi8zUGl1S1J1UT09>

Meeting ID: 851 3698 3068

Password: 803245

Phone Number: 646 876 9923 US (New York)

Meeting Contact: Katharine 781-859-8200

Approved Literature to Share

- Suggested meeting format: https://oa.org/app/uploads/2019/12/Sug_Mtg.pdf
- Tools: <https://oa.org/working-the-program/tools-of-recovery/>
- OA Preamble <https://oa.org/app/uploads/2019/12/Preamble-1.pdf>
- Our Invitation to You (and the 12 steps) https://oa.org/app/uploads/2019/12/our_invitation_to_you.pdf
- Twelve Steps of OA <https://oa.org/app/uploads/2019/12/Twelve-Steps.pdf>
- Twelve Traditions (booklet) <https://oa.org/app/uploads/2019/12/230-The-Twelve-Traditions-of-OA-2019.pdf>
- Twelve Concepts <https://oa.org/service-bodies/twelve-concepts/>
- The OA Promise ("I put my hand in yours . . .") <https://oa.org/app/uploads/2019/12/OA-Promise-1.pdf>
- The Responsibility Pledge <https://oa.org/files/pdf/Responsibility-Pledge.pdf>
- The Fifteen Questions <https://oa.org/app/uploads/2019/12/Fifteen-Questions-1.pdf>