

Sunday

- **Time: 10:00am – 11:00am**

In Person Location: Capital District Recovery Center

45 Colvin Avenue

Albany NY 12206

Meeting Contact: Dan S. 518-421-5888

- **Time: 6:00pm**

Meeting Name: Queensbury

Virtual Structure: Hybrid – In Person and by Conference Call

Phone: (267) 807-9605

Access Code: 783777#

In Person location: Queensbury United Methodist Church

460 Aviation Road, Queensbury

Enter from parking lot at rear of church

Meeting Contact: Angela (518) 798-4561

Monday

- **Time: 6:30pm**

Meeting Name: Clifton Park Meeting

Virtual Structure: Zoom only

Weblink: <https://us02web.zoom.us/j/81200383960>

Dial in: (929) 205-6099

Meeting ID: 812 0038 3960, no password

Meeting Contact: Barb K (518) 496-0907

Tuesday

- **Time: 3:30pm**

Meeting Name: Johnstown/Canajoharie

In Person Location: Canajoharie Library

2 Erie Boulevard, Lower-level Meeting Room

Canajoharie, 13317

Meeting Contact: Jane 978-996-5802

Capital District (and VT) OA Meeting List

Wednesday

- **Time: 9:00 am**

Meeting Name: Arlington, VT – Zoom only

Virtual Structure: Zoom

Meeting ID: 838 1147 2825

Password: 580779

Phone Number: 646 876 9923 US (New York)

Meeting Contact: Katharine 781-859-8200

- **Time: 2:00pm**

Meeting Name: Arlington, VT – In person only

In Person Location: Arlington Community House

3854 Route 7A

Arlington, VT 05201

Meeting Contact: Lisa Ann: 802-449-6787

- **Time: 6:30pm** *****This meeting is suspended indefinitely as of 5/1/24

Meeting Name: Sunnyview

Virtual Structure: Zoom

Weblink: <https://us02web.zoom.us/j/87988076142>

Meeting ID: 879 8807 6142

Access Code: 164425#

Dial in: +19292056099,87988076142# US (New York)

Meeting Contact: Marie (518)222-7915

Thursday

- **Time: 7:00pm**

Meeting Name: Albany Big Book Study

Virtual Structure effective June 1, 2023: Hybrid - In Person and via Conference Call

In Person Location:

Capital District Recovery Center

45 Colvin Ave, 2nd Floor

Albany, NY 12206

(518-487-4617 is the number to the CDRC)

Conference call dial in option: 757-841-1619, Access Code: 2623407

Meeting Contact: Mary Ann V (518) 366-8420

Friday

- **Time: 10:00 am**

Meeting Name: Schuylerville Happy Endings

Virtual Structure: Hybrid - In Person or via Conference Call

In Person Location:

United Methodist Church
51 Church St, Community Room
Schuylerville, NY 12871

Conference Call Number: 712-775-7000

Access Code: 164425#

Meeting Contact: Barb K 518-496-0907

- **Time: 6:00pm (room opens at 5:30pm) ***First Friday of the month ONLY**

Meeting Name: Friday Night East Greenbush/Schenectady

In Person Location: Eastern Parkway United Methodist Church

943 Palmer Ave
Schenectady, NY

Meeting Contact: Theresa (518) 374-4739

Saturday

- **Time: 9:00 am**

Meeting Name: Delmar Saturday

In Person Location: Delmar Reformed Church

386 Delaware Ave
Delmar, NY

Meeting contact: Barbara C (518) 414-2265

- **Time: 9:15-10:30 am**

Meeting Name: Saratoga

Virtual Structure: Zoom

Weblink:

<https://us02web.zoom.us/j/82672425438?pwd=c05sSVpuLzhUK0xHcXJlV2MvQnN6Zz09>

Meeting ID: 826 7242 5438

Attendee ID: Hit the # key

Password: 121212

Dial in: +1 929 205 6099 US (New York)

Meeting Contact: Marie (518) 222-7915

Saturday (continued)

- **Time: 9:30 am**

Meeting Name: Manchester, VT

In Person Location: First Congregational Church

3624 Main Street

Manchester, VT

Meeting Contact: Carole 908- 400-2232

Approved Literature to Share

- Suggested meeting format: https://oa.org/app/uploads/2019/12/Sug_Mtg.pdf
- Tools: <https://oa.org/working-the-program/tools-of-recovery/>
- OA Preamble <https://oa.org/app/uploads/2019/12/Preamble-1.pdf>
- Our Invitation to You (and the 12 steps) https://oa.org/app/uploads/2019/12/our_invitation_to_you.pdf
- Twelve Steps of OA <https://oa.org/app/uploads/2019/12/Twelve-Steps.pdf>
- Twelve Traditions (booklet) <https://oa.org/app/uploads/2019/12/230-The-Twelve-Traditions-of-OA-2019.pdf>
- Twelve Concepts <https://oa.org/service-bodies/twelve-concepts/>
- The OA Promise ("I put my hand in yours . . .") <https://oa.org/app/uploads/2019/12/OA-Promise-1.pdf>
- The Responsibility Pledge <https://oa.org/files/pdf/Responsibility-Pledge.pdf>
- The Fifteen Questions <https://oa.org/app/uploads/2019/12/Fifteen-Questions-1.pdf>